



**Starts June 7th**

**701-238-7875**

[mbeyer@atafargo.com](mailto:mbeyer@atafargo.com)

[www.atafargo.com](http://www.atafargo.com)

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Tiger White		9:30-10:00		9:30-10:00			
Tiger Orange-Yellow		9:30-10:00		9:30-10:00			
Tiger Camo-Purple		10:30-11:15		10:30-11:15			
Jr White-Orange-Yellow		10:00-10:30		10:00-10:30			
Camo-Green-Purple		10:30-11:15		10:30-11:00			
Blue-Brown-Red		11:15-12:00		11:15-12:00			
Black Belts 11 and under		11:15-12:00		11:15-12:00			
Adults		12:00-12:45		12:00-12:45			
Black Belts 12 and older		12:00-12:45		12:00-12:45			
Tiger White		6:00-6:30	4:45-5:15	4:30-5:00		9:00-9:30	
Tiger Orange-Yellow		5:30-6:00	5:15-5:45	4:00-4:30		9:30-10:00	
Tiger Camo-Purple	4:00-4:45	5:00-5:30	5:45-6:15			10:00-10:30	
Jr White-Orange-Yellow	4:45-5:15	6:45-7:15	4:00-4:30	5:00 - 5:30	6:00-6:30	10:30-11:00	
Nunchaku's	5:15-5:30		4:30-4:45			11:00-11:15	
Camo-Green-Purple	5:30-6:00	5:00-5:30	6:15-6:45	7:15-8:00	4:30-5:15	11:15-12:00	
Bahng Mahng Ee			6:45-7:00				
Competition Class	6:30 - 7:00						
Blue-Brown-Red	6:00 - 6:30	4:00-4:45	7:00-7:30	5:30-6:15	5:15-6:00	12:00-12:45	
Bow Staff		4:45-5:00		6:15-6:30			
Black Belts 11 and under	7:00-7:45		7:30-8:15		7:15-8:00	12:45-1:45	
Black Belts 12 and older	7:00-7:45	7:15-8:00		6:30-7:15		12:45-1:45	1:00 PM
Adults	7:45-8:45	8:00-9:00		8:00-9:00	8:00-9:00	12:45-1:45	
Legacy					6:30-7:15		

Tracking cards will be marked for 1 class a day, no multiple training options

**Student Responsibilities:**

Put uniform on

Put shoes on mat, hang up jacket and bag. Do not leave shoes in the middle of the floor.

Grab your student card, place in card holder.

Kneel on side of floor, showing you are ready for class.

Bow when entering and leaving floor.

Using sir or ma'am when an instructor is giving directions

Move quickly when told to do something during class.